

THE WAY BACK

Surviving the Fish

Jonah 2

We have a tendency to think that during times of crisis (or particularly discipline) God is distant or removed. Sometimes we even interpret His silence as indifference. Jonah reminds us that God's presence enables us to endure the trials we face – even the ones we create by our disobedience.

How to respond to God's promptings to return to Him:

I. _____ WITH GOD

A. _____ *from the sea –1:17*

B. _____ *to the coast – 1:17, 2:10*

C. _____ *with the Lord – 2:1*

II. LISTEN TO _____

- "Your billows swept over me" [2:3] Psalm 42:7.
- "I have been banished" [2:4]. Psalm 31:22.
- "engulfed me up the neck" [2:5]. Psalm 69:1.
- "my life was fading away" [2:7]. Psalm 147:3.
- "To Your holy temple" [2:7]. Psalm 18:6.
- "to worthless idols" [2:8]. Psalm 31:6
- "Salvation is from the Lord" [2:9]. Psalm 3:8.

A. God _____ *through His Word to the* _____

B. God guides our _____ *by His thoughts PS119:105*

C. God's Word has a _____ effect on us - Psalms 119:9

III. POUR OUT YOUR _____ TO GOD

A. I recognize Your hand at work here – 2:3, 4

B. I turn my eyes back to You – 2:4

C. I thank You for Your compassion – 2:6

D. I renew my commitment to You – 2:9